

1 Peter Series

Lesson #163

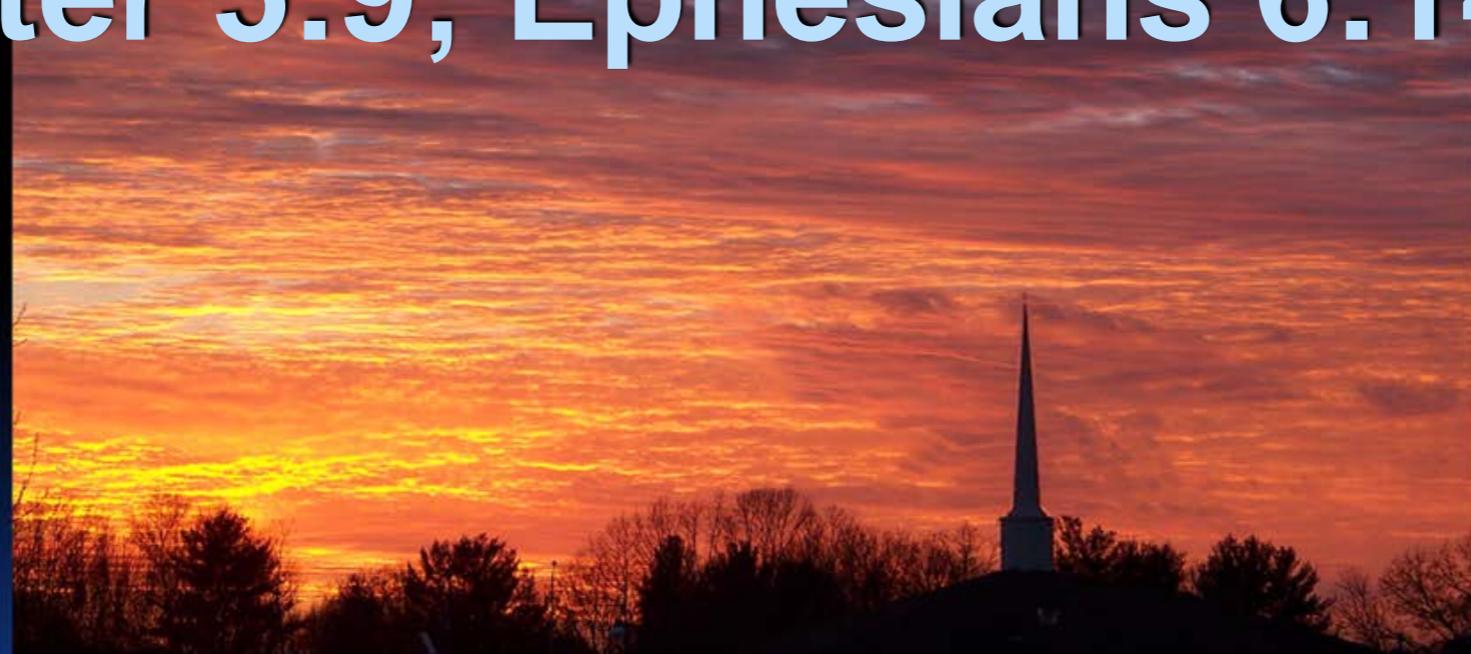
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Dean Bible Ministries

[www.deanbibleministries.org](http://www.deanbibleministries.org)

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**Stand Firm by  
Putting on the Armor  
1 Peter 5:9; Ephesians 6:14–17**



**1<sup>ST</sup> PETER**

**LIVING IN LIGHT  
OF ETERNITY**

**1 Pet. 5:8, “Be sober, be vigilant; *because* your adversary the devil walks about like a roaring lion, seeking whom he may devour.**

**1 Pet. 5:9, “Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world.”**

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**ἀνθίστημι *anthistēmi*  
aor act impera 2 plur  
to resist, oppose**

**στερεός  
*stereos*  
Adjective  
nom masc  
plur firm,  
solid,  
immovable**

# What the Bible Teaches About

## *Victory in Temptation*



**Eph. 6:10, “Finally, my brethren, be strong in the Lord and in the power of His might.”  
NKJV**

**Eph 6:10, “Finally, my brethren, be strengthened *by means of* the Lord and *by means of* His mighty power.” RD**

**Eph. 6:13, “Therefore, take up the full armor of God, that you may be able **to resist** in the evil day, and having done everything, to stand firm.”**

**James 4:7, “Submit therefore to God. **Resist** the devil and he will flee from you.”**

**1 Pet. 5:9, “But **resist him**, firm in your faith, knowing that the same experiences of suffering are being accomplished by your brethren who are in the world.”**

**ἀνθίστημι *anthistēmi***

**aor act infin**

**to resist, oppose**

**“Resist, to stand against” or “to oppose”**

**Three times in the New Testament  
believers are told to *resist* the devil  
(1 Pet. 5:9, James 4:7; Eph. 6:13)**

Eph. 6:11 ἵστημι *histēmi* to stand, place, set up; aor: to stand still in a stationary position; to resist, or hold one's ground.

Eph. 6:13 ἀνθίστημι *anthistēmi*, to resist, to stand against, to oppose.

Eph. 6:14 ἵστημι *histēmi* to stand, place, set up; aor: to stand still in a stationary position; to resist, or hold one's ground.

**Eph. 6:11, “Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil.”**

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**ἐνδύω *enduō***

**aor mid impera 2**

**plur**

**to wear, put on**

**μεθοδεία *methodeia***

**acc fem plur**

**craftiness, cunning,**

**deception, strategy,**

**scheme**

**ἵστημι *histēmi* to**

**stand, place, set up;**

**aor: to stand still in a**

**stationary position;**

**to resist, or hold**

**one's ground.**

Eph. 6:12, “*Because* our **struggle** is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual *forces* of wickedness in the heavenly *places*.”

ἡ παλη *pale*,  
wrestle, one seeking leverage to throw  
the other, to pin the other

κοσμοκράτωρ *kosmokratōr* acc masc  
plur world ruler; *cosmic* authorities

- 1. Be strong in the Lord, Eph. 6:10**  
**ἐνδυναμόω *endunamoō* pres mid impera 2**  
**plural “to be strong”**
- 2. Put on the whole armor of God, Eph. 6:11**  
**ἐνδύω *enduō* aor mid impera 2 plur “to**  
**wear, put on, clothe yourself with”**
- 3. Take up the whole armor of God, Eph. 6:13**  
**ἀναλαμβάνω *analambanoō* aor act impera**  
**2 plur “to take up, raise, undertake”**
- 4. Stand, therefore, Eph. 6:14**  
**ἵστημι *histēmi* aor act impera 2 plur “to**  
**stand, place, stay put”**

**Eph. 6:13, “Therefore, take up the full armor of God, so that you will be able to resist in the evil day, and having done everything, to stand firm.”**

**ἀναλαμβάνω *analambanoō***

**aor act impera 2 plur**

**“to take up, raise, undertake”**

**Psa. 3:3, “But You, O Lord, are a shield for me, my glory and the One who lifts up my head.” Psa. 5:12; 18:30, 35; 28:7; 91:4**

**Psa. 18:2, “The Lord is my rock and my fortress and my deliverer; My God, my strength, in whom I will trust; My shield and the horn of my salvation, my stronghold.” Psa. 31:2; 71:3; 91:2**

**Psa. 119:114, “You are my hiding place and my shield; I hope in Your word.” Psa. 32:7**

**Psa. 144:2, “My lovingkindness and my fortress, my high tower and my deliverer, my shield and the One in whom I take refuge, Who subdues my people under me.”**

**Psa. 31:2, “Bow down Your ear to me,  
deliver me speedily; Be my rock of refuge,  
a fortress of defense to save me.”**

**Isa. 59:17, “For He put on righteousness as a breastplate, and a helmet of salvation on His head; He put on the garments of vengeance for clothing, and was clad with zeal as a cloak.”**

**1 Thess. 5:8, “But let us who are of the day be sober, putting on the breastplate of faith and love, and as a helmet the hope of salvation.”**

**2 Cor. 6:7, “by the word of truth, by the power of God, by the armor of righteousness on the right hand and on the left,”**

**Rom. 13:12, “The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light.”**

**Eph. 6:13, “Therefore, take up the full armor of God, so that you will be able to resist in the evil day, and having done everything, to stand firm.”**

**ἀνθίστημι *anthistēmi*,  
aor act inf  
to resist, to stand  
against, to oppose.**

**ἵστημι *histēmi* to  
stand, place, set up;  
aor: to stand still in a  
stationary position;  
to resist, or hold  
one's ground.**

**Due to the military model in the present context, the idea “to resist, withstand, stand one’s ground” is fitting. Thus, this term denotes a defensive rather than an offensive stance.**

**It is better to have it consistently mean a defensive stand. The whole context speaks of a firm stand before the foe, not a victorious one.**

**~Hoehner, *Ephesians***

# Armor for Angelic Conflict

## Ephesians 6:12–17

**Helmet of Salvation:**  
PSED: Focus on Future

**Girded Loins:**  
Truth

**Sword of the Spirit:**  
Word of God  
(applied)

**Stand Firm**



**Breastplate of Righteousness:**  
Positional and  
Experiential

**Shield of [the] Faith:**  
Trusting in the  
Sufficiency of God's  
Word

**Shod Your Feet:**  
Peace with God

**Eph. 6:14, “Stand firm therefore, HAVING GIRDED YOUR LOINS WITH TRUTH, and HAVING PUT ON THE BREASTPLATE OF RIGHTEOUSNESS,”**



**Eph. 6:14, “Stand firm therefore, **HAVING GIRDLED YOUR LOINS WITH TRUTH**, and **HAVING PUT ON THE BREASTPLATE OF RIGHTEOUSNESS**,”**

**ἵστημι *histēmi* aor act imp 2pl**

**to stand, place, set up; aor: to stand still in a stationary position; to resist, or hold one's ground.**

**Eph. 6:14, “Stand firm therefore, HAVING GIRDED YOUR LOINS WITH TRUTH, and HAVING PUT ON THE BREASTPLATE OF RIGHTEOUSNESS,”**

**ἵστημι *histēmi* aor act imp 2pl**

**to stand, place, set up; aor: to stand still in a stationary position; to resist, or hold one's ground.**

**περιζώννυμι *perizōnnumi* aor mid part masc**

**plur nom to wrap around, make oneself ready;**

**means, i.e., by means of girding  
cause, because you have girded**

**Isa. 59:17, “For He put on righteousness as a breastplate, and a helmet of salvation on His head; He put on the garments of vengeance for clothing, and was clad with zeal as a cloak.”**

**1 Peter 1:14–16, “As obedient children, do not be conformed to the former lusts which were yours in your ignorance, but like the Holy One who called you, be holy yourselves also in all your behavior; because it is written, ‘You shall be holy, for I am holy.’ ”**

**Eph. 6:15, “and having shod your feet with the preparation of the gospel of peace.”**

**ὑποδέω *hupodeō*  
aor mid part masc  
plur nom to put  
on, bind on**



**Eph. 6:15, “and having shod your feet with the preparation of the gospel of peace;”**

**ὑποδέω *hupodeō*  
aor mid part masc  
plur nom to put  
on, bind on**

**ἑτοιμασία *hetoimasia*  
dat fem sing readiness,  
equipment,  
preparation;  
We are prepared by our  
sure foundation.**

**Eph. 6:16, “above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one.”**



**Eph. 6:16, “above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one.”**

**ἀναλαμβάνω**

***analambanō* aor act**

**part masc plur nom**

**to take up, raise,**

**undertake**

**Eph. 6:17, “And take the helmet of salvation, and the sword of the Spirit, which is the word of God;”**



**Eph. 6:17, “And take the helmet of salvation, and the sword of the Spirit, which is the word of God;”**

**μάχαιρα *machaira*  
acc fem sing  
dagger; short-sword**

**ῥῆμα *hrēma* nom  
neut sing word,  
spoken word**